TASTY TACO IN A BOWL (TACO SALAD)

Contributed by Doran and Louise Russell

THERON

Dressing:

1 cup dairy sour cream

3 tablespoons chili sauce

1 tbs chopped canned jalapeno chilies

1 tsp finely grated onion

SALAD:

1 lb. lean ground beef

½ cup chopped onion

1 (15 ounce) can red kidney beans, drained

1 1 ¼ ounce package taco seasoning mix

1 cup water

2 quarts chilled, torn romaine lettuce or salad greens

1 large avocado, peeled and sliced

3 to 4 tomatoes, quartered

½ cup chopped ripe olives

2 cups slightly broken taco tortilla chips 1 ½ cups shredded cheddar cheese

To prepare dressing, combine sour cream, chili sauce, chilies and grated onion. Cover and chill to blend flavors

To prepare salad, brown beef with onion and drain drippings.

Add beans, taco seasoning mix and water.

Cover and simmer 10 minutes. Drain and chill thoroughly.

To assemble salad, toss chilled meat mixture with lettuce, avocado, tomatoes, olives, tortilla chips, cheese and chilled dressing. If desired, reserve some avocado slices and tomatoes for garnish. Serve immediately.

This recipe has been in our family for some time. The first time I took it to a family picnic, I assembled it at the end of the table. Our picnics were the standard, potato salad, baked beans, fried chicken and hamburgers. By the time, it was my turn I line, there was not even a lean left! I think they liked it!